

The Effects of Hypericum Crenulatum Polysaccharides on The Proliferation of Cancer Cells

Hypericum Crenulatum Polisakaritlerinin Kanser Hücrelerinin Proliferasyonu Üzerine Etkileri

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ÖZET

Kanser tedavisinde amaç, sağlıklı hücelere zarar vermeden tümör hücresi ölümünü indüklemek ve bu hücrelerin diğer organlara yayılmasını engellemektir. Metastaz durumunda, tedavi protokolleri yetersiz kalabilmektedir. Bu nedenle alternatif tedavi yöntemlerine başvurulmakta ve bu amaçla bitkisel ürünler yaygın olarak kullanılmaktadır. Çalışmamızda, Hypericum crenulatum polisakaritlerinin meme kanseri hücre dizilerinin proliferasyonu üzerindeki etkisini araştırmayı amaçladık. Hypericum crenulatum polisakaritleri izole edilerek MCF-7 ve MDA-MB-231 meme kanseri hücrelerine farklı seyreltilerde uygulandı ve MTT metodu ile her iki hücre için IC50 dozları hesaplandı. Meme kanseri hücrelerine IC50 dozundaki polisakaritler 24 saat süre ile uygulandı ve immünohistokimyasal olarak metastaz ve proliferasyon belirteçleri PI3K, Akt-1 ve Erk-1/2 ile boyamaları yapıldı. Boyanmalar H-score ile değerlendirilerek gruplar arasındaki farkı belirlemek amacıyla istatistiksel analiz gerçekleştirildi. Hypericum crenulatum polisakaritlerinin her iki meme kanseri hücreleri üzerine MTT metodu ile toksik olduğu bulundu. PI3K, Akt-1 ve Erk-1/2 boyanmaları incelendiğinde, uygulama gruplarında kontrol grubuna göre anlamlı bir azalma olduğu saptandı. MDA-MB-231 hücreleri ER (-) olduğundan, metastaz kabiliyetleri MCF-7 ER(+) hücrelerine kıyasla daha fazladır. Bu nedenle, polisakaritlerin toksik etkisinin MCF-7 hücrelerinde daha yüksek olduğu bulundu. Sonuç olarak, bitkisel ürünlerin in vitro ortamda antiproliferatif etkilerinin yanında in vivo etkilerinin de ortaya konulması açısından çalışmalar yapılması gerekmektedir.

Anahtar Kelimeler: hypericum crenulatum, meme kanseri, proliferasyon, sitotoksikite

ABSTRACT

The goal in the cancer treatment is to induce tumor cell death without damaging healthy cells and to prevent the spread of these cells to other organs. In the case of metastasis, the cure protocols may be inadequate. Alternative methods are used to support treatment. For this purpose, herbal products are widely used. In our experiment, we aimed to investigate the effect of Hypericum crenulatum polysaccharides on the proliferation of breast cancer cell lines. Hypericum crenulatum polysaccharides were isolated and were exposed to the MCF-7 and MDA-MB-231 cells at different dilutions, then IC50 doses for each cell were calculated using MTT assay. Breast cancer cells were treated with IC50 doses of polysaccharides for 24 hours and immunocytochemistry was performed to evaluate the expressions of metastases and proliferation markers, PI3K, Akt-1 and Erk-1/2. The staining results were evaluated by H-score and the difference between the groups was analyzed statistically. Hypericum crenulatum polysaccharides were found to be toxic to both breast cancer cells by MTT method. When PI3K, Akt-1 and Erk-1/2 markers of proliferation and metastasis were evaluated, it was seen that there was a significant decrease compared to the control group. Since MDA-MB-231 cells are ER (-), their invasion ability is over compared to MCF-7 ER (+) cells. For this reason, the toxic effect of polysaccharides was found to be higher in MCF-7 cells. As a result, in vivo studies are needed to be performed following the the antiproliferative effects of herbal products are found in vitro.

Keywords: hypericum crenulatum, breast cancer, proliferation, cytotoxicity

INTRODUCTION

Breast cancer is most common cancer type in women and has a high risk because of its metastatic properties. Especially, the treatment of hormone related breast tumors, such as estrogen receptor positive (ER+) or progesterone receptor positive (PR+), is difficult.

Concurrently, the presence of molecules that allow tumor cells to multiply and spread to other organs also delays treatment of the breast cancer (1, 2). There are many signal molecules involved in tumorigenesis. The PI3K, Akt-1 and Erk-1/2 are the most important (3, 4). The increase in PI3K,

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Akt-1 and Erk-1/2 levels triggers the uncontrolled cell proliferation and causes cancer to start. Such molecules are targeted in cancer treatment. Previous studies have reported that inhibition of these molecules caused a decrease in the proliferation and progression of tumor cells (5-7). Due to the difficulty of treatment, besides chemotherapy and surgery, alternative cure are sought recently. The use of herbal products and compounds are among complementary alternative therapies (8-10).

In experimental studies, the cytotoxic effects of herbal products are investigated in vitro and in vivo conditions. The members of Hypericaceae plant family were searched and it was stated that they have effects such as antidepressant, antibacterial, anti-inflammatory and cytotoxic. Hyperforin, an acylphloro-glucinol-type compound, isolated from *Hypericum crenulatum* has antibiotic effect on several gram-positive bacteria (11) whereas 50 and 75 µL/mL of hypericin from *Hypericum crenulatum* has cytotoxic effect on MCF-7 breast cancer cells (12). Also photoactivated hypericin inhibited cell division in RINm5F insulinoma cells (IC50 dose: 105.97 nM9) (13). Another member of Hypericaceae family is *Hypericum crenulatum* is an endemic plant of Niğde region. Its compounds and biological effects have not yet been studied. In our experiment, we aimed to search the antiproliferative effects of polysaccharides isolated from *Hypericum crenulatum* on MCF-7 and MDA-MB-231 cells via metastasis and proliferation markers, PI3K, Akt-1 and Erk-1/2.

MATERIAL & METHODS

Collection of plant and isolation of polysaccharides

Hypericum crenulatum plant was gathered in term of July 2013 from the Bolkar Mountains within the boundaries of Niğde province. Its taxonomic classification was made by biologist Ahmet Savran. The leaf parts of the plant were used for polysaccharides isolation. The isolation method was performed according to the previously described protocol (14).

Cell culture

The MCF-7 and MDA-MB-231 breast cancer cell lines were purchased from ATCC, USA. Cells were cultured in RPMI-1640 (F1213, Biochrom, Berlin Germany) media containing 10 % fetal bovine serum (S0113, Biochrom, Berlin

Germany), 200mM L-glutamine (K0282, Biochrom, Berlin, Germany), 100UI/ml. penicillin/streptomycin (A2213, Biochrom, Berlin, Germany) in the conditions of 37°C and 5 % CO₂ in a humidified atmosphere. They were grown for 70-80% confluency and then used for experiments.

Cytotoxicity assay

To detect IC₅₀ dose of *Hypericum crenulatum* polysaccharides, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT, M5655, Sigma, Steinheim, Germany) assay was used. For this purpose, cells were passage into 96-well plate (45x10³ cells/well) and allowed to confluent (70-80%) for 24 h. The stock solution of polysaccharides was prepared as 100 mgr. polysaccharides/1 mL ethanol. Cells were treated with the different dilutions of polysaccharides (0, 1/10, 1/50, 1/100, 1/1000 from stock solution) for 24 h. Then media containing polysaccharides was discharged and 10 µL MTT (5 mg/ml in distilled water) and 100 µL of fresh media were added to the cells. After 4 hours, MTT was removed and dimethyl sulphoxide (DMSO, A3672, AppliChem, Darmstadt, Germany) was put into the each well. The absorbance was measured at a wavelength of 570 nm using an UV visible spectrophotometer multiplate reader (ELx800UV, BioTek). The experiment was repeated 3 times for each concentration (15).

Immunocytochemistry

For immunocytochemical staining, MCF-7 and MDA-MB-231 breast cancer cells were cultured into the 24-well plates (2.5x10⁵ cells/per well) for 24 h. Cells were treated with the IC₅₀ dose of *Hypericum crenulatum* polysaccharides for 24 h. Then cells were fixed in 4% paraformaldehyde in PBS at +4°C for 30 min and 0.1% Triton X-100 (A4975, AppliChem, Darmstadt, Germany) was used for permeabilization. Following washing in PBS three times for 5 min, endogenous peroxidase activity was inhibited with 3% hydrogen peroxide (1 08600, Merck, Darmstadt, Germany). Cells were incubated with primary antibodies: anti- PI3K (sc-1637, Santa Cruz Biotechnology) ve anti- Akt-1 (sc-271149, Santa Cruz Biotechnology) and anti-Erk-1/2 (sc-514302, Santa Cruz Biotechnology) at +4°C overnight. For negative control, primary antibodies were not applied to cells. After washing in PBS, the secondary antibodies, biotinylated secondary antibodies and peroxidase-conjugated

streptavidin (Histostain kit, 85-9043, Zymed, Carlsbad, USA), were used. Cells were dyed with diaminobenzidine/hydrogen peroxide (DAB, 00-2014, Invitrogen, CA, USA) to make the immunoreactivities visible and counterstaining was performed with Mayer's hematoxylin (800-729-8350, ScyTek, UT, USA). Cells were mounted with aqueous medium (K002, DBS, Pleasanton, USA). Samples were evaluated under camera attached (SC50, Olympus, Germany) light microscope (IX71 inverted-fluorescence-phase microscope) (Olympus, Japan). Experiments were repeated three times (16).

Statistical analysis

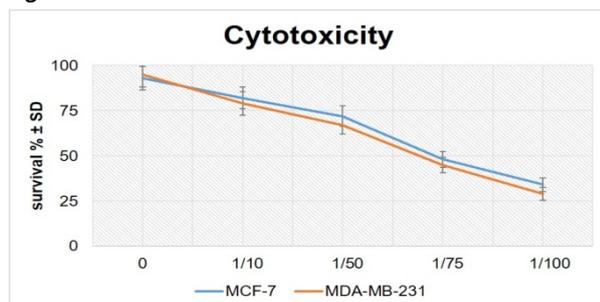
The intensities of immunocytochemical staining were determined as no staining (0), weak (+), moderate (++) and strong (+++) respectively and cells were counted for each intensity in five different fields. The H-score was calculated by formula $H\text{-Score} = \sum P_i (\text{intensity of staining} + 1)$. P_i means the percentage of stained cells for intensity, varying from 0% to 100%. The H-score was evaluated by at least two observers independently. The values for $p < 0.05$ were considered statistically significant. The results were analyzed by repeated-measures of the ANOVA test. The Tukey-Kramer multiple comparisons test was used to expressed differences amongst the mean values (mean \pm Standard deviation) (16, 17).

RESULTS

Cytotoxicity assay

The cytotoxic effects of *Hypericum crenulatum* polysaccharides were determined by MTT assay and IC50 doses for MCF-7 and MDA-MB-231 breast cancer cell lines were calculated as 12.5 $\mu\text{g/ml}$ and 10.25 $\mu\text{g/ml}$, respectively (Figure 1).

Figure 1.



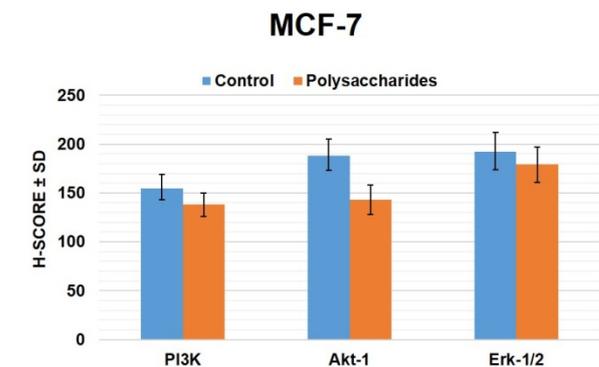
The results of MTT assay for IC50 doses of *Hypericum crenulatum* polysaccharides on MCF-7 and MDA-MB-231 breast cancer cell lines for 24 h.

Immunocytochemical results

After application of *Hypericum crenulatum* polysaccharides IC50 doses for both MCF-7 and MDA-MB-231 breast cancer cell lines, immunocytochemical procedure was performed using proliferation markers PI3K, Akt-1 and Erk-1/2. The H-score evaluations were compared for each cell lines and markers. It was found that polysaccharides were toxic for both breast cancer cell lines via proliferation markers.

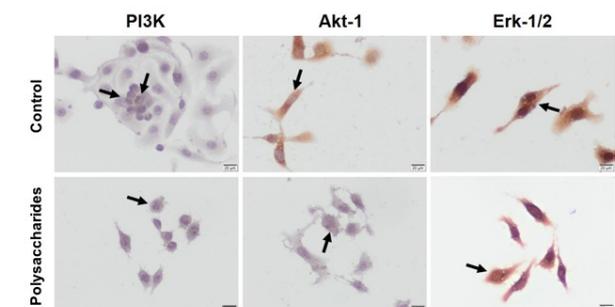
Polysaccharides reduced proliferation markers in MCF-7 cells compared to control group (Figure 2). The decrease in Akt-1 immunoreactivity was more obvious according to control group ($***P < 0.001$). In the Erk-1/2 immunoreactivity, the difference between the control group and polysaccharides group was lower ($**P < 0.01$) than the other groups of PI3K and Akt-1 markers (Figure 3).

Figure 2.



H-score analysis of immunocytochemical staining of PI3K, Akt-1 and Erk-1/2 in MCF-7 breast cancer cells after application of *Hypericum crenulatum* polysaccharides.

Figure 3.

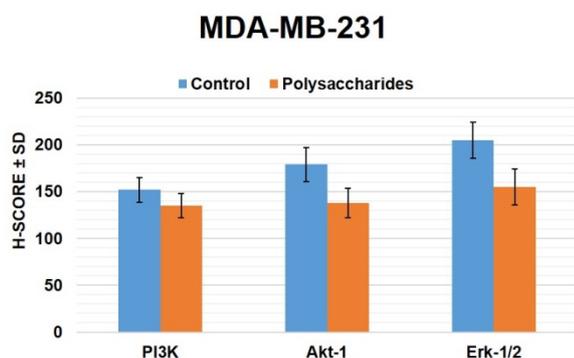


The images of immunocytochemical stainings of PI3K, Akt-1 and Erk-1/2 in MCF-7 breast cancer cells after application of *Hypericum crenulatum* polysaccharides. Arrows: immunopositive cells, Scale bars: 20 μm .

In MDA-MB-231 cells, the immunoreactivities of PI3K, Akt-1 and Erk-1/2 were greater than the polysaccharides group (Figure 4 and 5), whereas they were significantly decreased in the polysaccharides group. Especially polysaccharides prominently decreased the immunoreactivity of Erk-1/2 ($***P<0.001$).

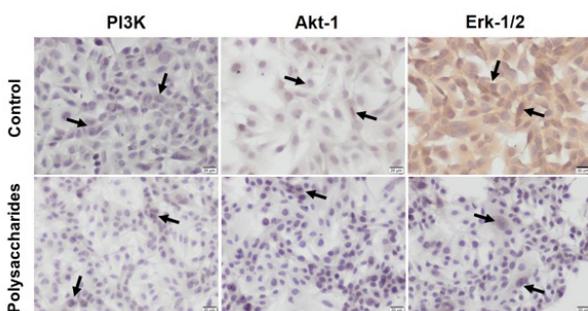
When the effect of the polysaccharides drug on two different breast cancer cells is examined, Erk-1/2 was more repressed by polysaccharides in MDA-MB-231 cells ($***P<0.001$). There was no difference between the two cells in terms of the immunoreactivity of PI3K ($P>0.05$). The distribution of Erk-1/2 immunoreactivity was similar in both cells.

Figure 4.



H-score analysis of immunocytochemical stainings of PI3K, Akt-1 and Erk-1/2 in MDA-MB-231 breast cancer cells after application of Hypericum crenulatum polysaccharides.

Figure 5.



The images of immunocytochemical stainings of PI3K, Akt-1 and Erk-1/2 in MDA-MB-231 breast cancer cells after application of Hypericum crenulatum polysaccharides. Arrows: immunopositive cells, Scale bars: 20μm.

DISCUSSION

Here we stated that *Hypericum crenulatum* polysaccharides have inhibitory effect on the proliferation of MCF-7 and MDA-MB-231 breast cancer cells in vitro condition via proliferative markers PI3K, Akt-1 and Erk-1/2. In these

markers, there was a significant decrease compared with the un-treated group. In the current study, we used *Hypericum crenulatum* polysaccharides that had not been studied before was used. But the other species belonged to the genus of *Hypericum*, have shown to have an antiproliferative effect on tumor cells in vitro conditions (11, 12, 18-23).

Hyperforin from *Hypericum perforatum*, was toxic for MCF-7, MDA-MB-468 and MT-450 mammary carcinoma cell lines at $IC_{50}<5 \mu M$ (11). Hypericin, another agent extracted from *Hypericum perforatum*, caused cell death in MCF-7 cells at a dose of $\geq 50 \mu l/ml$ (12). In another study, IC_{50} dose of hypericin for MCF-7 cells was found as $5 \mu g/ml$ for 24 h and $0.5 \mu g/ml$ for 48 h (18). Concurrently, hypericin activated with light, triggered the apoptotic pathways on A375, 501mel and UCT Mel-1 melanoma cells. It was indicated that extrinsic pathway was occurred via caspase-8 in A375 cells, whereas the intrinsic pathway was initiated by caspase-8 and PARP in UCT Mel-1 cells (19). The extract of *Hypericum scabrum*, has also been shown to have a cytotoxic effect on some tumor cells, such as MCF-7 human breast carcinoma cells, A549 non-small cell lung carcinoma, HepG-2 hepatocellular carcinoma and HT-29 colorectal carcinoma cells (20, 21). The methanolic extract of *Hypericum salicifolium* has been evaluated for its antiproliferative and cytotoxic effects on MCF-7 and MDA-MB-231 breast cancer cell lines. In both cells, the methanolic extract of *Hypericum salicifolium* at dose of $350 \mu g/ml$, repressed the cell migration and colony formation (22). In our study, we found that the *Hypericum crenulatum* polysaccharides has a cytotoxic effect on MCF-7 and MDA-MB-231 and detected the IC_{50} dose of *Hypericum crenulatum* polysaccharides for MCF-7 and MDA-MB-231 cells as $12.5 \mu g/ml$ and $10.25 \mu g/ml$, respectively.

The presence of proliferative markers plays an important role in the development and progression of cancer. PI3K/Akt/mTOR signalling pathway has a crucial role for progression and survival of tumor cells. In the studies about the cancer, it is intended to be suppressed the signal molecules of PI3K/Akt/mTOR pathway by anticancer agents or herbal extracts, respectively (24, 25). It was reported that the compound of hyperoside found in the genus of *Hypericum* and *Crataegus*, induced autophagy in A549 non-

small cell lung cancer cells. It was suggested that there was a relationship between the autophagy and inhibition of the PI3K/Akt/mTOR signaling pathway and also induction of Erk1/2 (21). In the current study, we determined that there was a significant reduced expression of PI3K, Akt-1, Erk-1/2 by *Hypericum crenulatum* polysaccharides in MCF-7 and MDA-MB-231 breast cancer cell lines.

CONCLUSION

In our experiment, *Hypericum crenulatum* polysaccharides have cytotoxic effect on both MCF-7 and MDA-MB-231 breast cancer cell lines in vitro condition. After the application of *Hypericum crenulatum* polysaccharides, the antiproliferative effect was ascertained by the decrease in PI3K, Akt-1, Erk-1/2 markers. The further studies of in vivo cancer model are needed to establish the antiproliferative effect of *Hypericum crenulatum* polysaccharides.

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