

to intense anxiety in the later processes. Traumatic experiences are very important in this regard. A person who does not have an anxiety problem experiences an anxiety disorder as a result of an earthquake he is experiencing. Such situations also arise with past lives [3]. The main purpose of mathematical modeling is to explain the functioning of processes by expressing real-life problems mathematically. Mathematical models have been developed to help explain a system, study the effects of its various components, and make predictions about its behavior. Recently, fractional derivatives have been used in several areas, such as mechanics, cancer therapy, ecology, neural networking, image processing, epidemiology [5]-[33].

Fractional derivative models give better results in the theory of various physical and biological processes and the control of dynamic systems than integer digit models. One of the most important reasons for this is that fractional order derivative and integral definitions have a memory property. Another important reason is that although the model is the same, the fractional orders of the equations change with each real application studied, giving specific and precise results to the relevant problem. In population models, the future status of a population depends on its past status. This is called the memory effect. The memory effect of the population can be studied by adding a delay term or using a fractional derivative in the model [5]-[33].

This paper consists of four parts. In the first chapter, the importance of fractional mathematical modeling and information about psychological diseases were given. In the second part, the formation of a fractional *SPR* psychological model, the generalized Euler Method and the stability analysis of the created model were performed. In the third part, numerical results were obtained and graphs were drawn by making a new application of the fractional *SPR* psychological model. In the fourth part, the results were given.

2. Fractional Derivation and Fractional *SPR* Psychological Disease Model

The most commonly used definitions of the fractional derivative are Riemann-Liouville, Caputo, Atangana-Baleanu and the Conformable derivative. In this study, because the classical initial conditions are easily applicable and provide ease of calculation, the Caputo derivative operator was preferred and modeling was created. The definition of the Caputo fractional derivative is given below.

Definition 2.1. [4] Let $f(t)$ be a function that can be continuously differentiable n times. The value of the function $f(t)$ for the value of α that satisfies the condition $n - 1 < \alpha < n$. The Caputo fractional derivative of α -th order $f(t)$ is defined by $D_t^\alpha f(t) = \frac{1}{\Gamma(n-\alpha)} \int_a^t (t-x)^{(n-\alpha-1)} f^n(x) dx$.

Definition 2.2. [4] The Riemann-Liouville (RL) fractional-order integral of a function $A(t) \in C_n$ ($n \geq -1$) is given by

$$J^\gamma A(t) = \frac{1}{\Gamma(\alpha)} \int_0^t (t-s)^{(\gamma-1)} A(s) ds, \quad J^0 A(t) = A(t). \quad (2.1)$$

Definition 2.3. [4] The series expansion of two-parametrized form of Mittag-Leffler function for $a, b > 0$ is given by

$$E_{a,b}(t) = \sum_{i=0}^{\infty} \frac{t^i}{\Gamma(ai+b)}. \quad (2.2)$$

2.1. The fractional *SPR* psychological disease model

The fractional *SPR* model of psychological illness basically divides a community into three main groups. The first are individuals who do not receive psychological treatment, individuals who receive psychological support, and individuals who recover by completing psychological treatment. The expression of the *SPR* psychological disease model as a system of fractional differential equations is as follows [1, 2].

$$\begin{aligned} \frac{d^\alpha S}{dt^\alpha} &= \mu N - \mu S - \beta S \\ \frac{d^\alpha P}{dt^\alpha} &= \beta S - \mu P - \sigma P - \theta P \\ \frac{d^\alpha R}{dt^\alpha} &= \sigma P - \mu R \end{aligned} \quad (2.3)$$

Where $\frac{d^\alpha}{dt^\alpha}$ is the Caputo fractional derivative of α -th order with respect to time t . All compartments and parameters are shown in Table 2.1 and Table 2.2. The initial values are defined as,

$$S(0) = S_0, \quad P(0) = P_0, \quad R(0) = R_0$$

$0 < \alpha \leq 1$. Since society is divided into three compartments, it is $S + P + R = N$ and all terms are derived with respect to time

$$\frac{d^\alpha N}{dt^\alpha} = \frac{d^\alpha S}{dt^\alpha} + \frac{d^\alpha P}{dt^\alpha} + \frac{d^\alpha R}{dt^\alpha}$$

it is clear that.

Table 2.1: Variables used in the model and their meanings

Variables used in the systems	Meaning
$S(t)$	t the number of individuals who do not receive timely psychological treatment (annually)
$P(t)$	t the number of individuals receiving psychological support on time (annually)
$R(t)$	the number of individuals who recovered at the time of t (annually)
$N(t)$	Total population

Because fractional-order models have a memory feature in events related to a time variable, they show more realistic and accurate results than integer-order models [5]-[14]. Therefore, the established model was created as a fractional order. In the system of (2.3), the fractional-order differential equation for $\alpha = 1$ is reduces to a full order differential equation.

Table 2.2: Parameters and their meanings

Parameters	Meaning
β	The annual rate of initiation of psychological therapy
μ	Annual birth and natural mortality rate
σ	Annual rate of complete recovery
θ	The annual mortality rate due to psychological diseases

All individuals are born into the sensitive class. Natural birth and death rates were considered equal in the model. All births are considered to have entered the sensitive class. A large proportion of individuals who have completed treatment for psychological diseases may again develop a psychological disease of the same or another type. The parameters defined in the model do not change with time. The N population was dimensioned and new variables were created as follows.

$$s = \frac{S}{N}, \quad p = \frac{P}{N}, \quad r = \frac{R}{N}$$

It is clear from here that $s + p + r = 1$. Thus, the new form of the fractional *SPR* model is written as follows.

$$\begin{aligned} D^\alpha s(t) &= \mu - \mu s(t) - \beta s(t), \\ D^\alpha p(t) &= \beta s(t) - \mu p(t) - \sigma p(t) - \theta p(t), \\ D^\alpha r(t) &= \sigma p(t) - \mu r(t). \end{aligned} \tag{2.4}$$

2.2. Generalized Euler method

In this paper, we used the Generalized Euler method to solve the initial value problem with the Caputo fractional derivative. Many of the mathematical models consist of nonlinear systems and finding solutions to these systems can be quite difficult. In most cases, analytical solutions cannot be found and a numerical approach should be considered for this. One of these approaches is the Generalized Euler method [15]. $D^\alpha y(t) = f(t, y(t)), y(0) = y_0, 0 < \alpha \leq 1, 0 < t < \alpha$ for the initial value problem, $h = \frac{a}{n}$ impending $[t_j, t_{j+1}]$ is divided into n sub with $j = 0, 1, \dots, n - 1$. Suppose that $y(t), D^\alpha y(t)$ and $D^{2\alpha} y(t)$ are continuous in range $[0, a]$ and using the generalized Taylor’s formula, the following equation is obtained [15].

$$y(t_1) = y(t_0) + \frac{h^\alpha}{\Gamma(\alpha + 1)} f(t_0, y(t_0))$$

This process will be repeated to create an array. Let $t_j = t_{j+1} + h$ such that

$$y(t_{j+1}) = y(t_j) + \frac{h^\alpha}{\Gamma(\alpha + 1)} f(t_j, y(t_j))$$

$j = 0, 1, \dots, n - 1$ the generalized formula in the form is obtained. For every $k = 0, 1, \dots, n - 1$

$$\begin{aligned} S(k + 1) &= S(k) + \frac{h^\alpha}{\Gamma(\alpha + 1)} (\mu N - \mu S(k) - \beta S(k)), \\ P(k + 1) &= P(k) + \frac{h^\alpha}{\Gamma(\alpha + 1)} (\beta S(k) - \mu P(k) - \sigma P(k) - \theta P(k)), \\ R(k + 1) &= R(k) + \frac{h^\alpha}{\Gamma(\alpha + 1)} (\sigma P(k) - \mu R(k)) \end{aligned} \tag{2.5}$$

is obtained.

2.3. Analysis of the diseased equilibrium point and stability of the fractional *SPR* psychological model

In order to find the equilibrium point (2.4) in the system , $D^\alpha s = 0$, $D^\alpha p = 0$, $D^\alpha r = 0$ it is considered to be.

$$\begin{aligned} D^\alpha s(t) &= \mu - \mu s(t) - \beta s(t), \\ D^\alpha p(t) &= \beta s(t) - \mu p(t) - \sigma p(t) - \theta p(t), \\ D^\alpha r(t) &= \sigma p(t) - \mu r(t). \end{aligned}$$

To determine the psychologically diseased equilibrium point of the system, $p(t) \neq 0$ is taken. $E_0 = (s_0, p_0, r_0)$ including,

$$E_0 = \left(\frac{\mu}{(\mu + \beta)}, \frac{\beta \mu}{(\mu + \beta)(\mu + \sigma + \theta)}, \frac{\sigma \beta}{(\mu + \beta)(\mu + \sigma + \theta)} \right) \tag{2.6}$$

the psychologically diseased equilibrium point is achieved. The Jacobian matrix at the equilibrium point of the system

$$J(E_0) = \begin{bmatrix} -\mu - \beta & 0 & 0 \\ \beta & -\mu - \sigma - \theta & 0 \\ 0 & \sigma & -\mu \end{bmatrix} \quad (2.7)$$

it is obtained. The eigenvalues obtained from the Jacobian matrix (2.7) are given below.

$$\begin{aligned} \lambda_1 &= -\mu - \beta, \\ \lambda_2 &= -\mu - \sigma - \theta, \\ \lambda_3 &= -\mu \end{aligned}$$

where $\beta, \mu, \sigma, \theta$ are the parameters of positively defined real numbers. It is clear that $\lambda_1 < 0$, $\lambda_2 < 0$ and $\lambda_3 < 0$. The equilibrium point of the system is locally asymptotically stable.

Theorem 2.4. For all $t \geq 0$, $S(0) = S_0 \geq 0$, $P(0) = P_0 \geq 0$, $R(0) = R_0 \geq 0$, the solutions of the system in (2.3) with initial conditions $(S(t), P(t), R(t)) \in \mathbb{R}_+^3$ are not negative.

3. Numerical simulation of the fractional *SPR* psychological disease model for Turkey

In this section, numerical simulation and graphs of the fractional *SPR* psychological disease model for Turkey data for 2019 will be shown. Now let us obtain a numerical simulation of the fractional *SPR* model using the Generalized Euler method. Let us consider the following parameters according to the data in [18]. $S = 67.850.000$, $P = 15.000.000$, $R = 150.000$, $\beta = 0.05$, $\sigma = 0.01$, $\mu = 0.022$, $\theta = 0.15$ and let's take size of step $h = 0.1$. Hence we get the following results and tables. Using the Euler method, we obtain the following tables for given.

Table 3.1: The values of S , P and R at the moment $t \alpha = 1$.

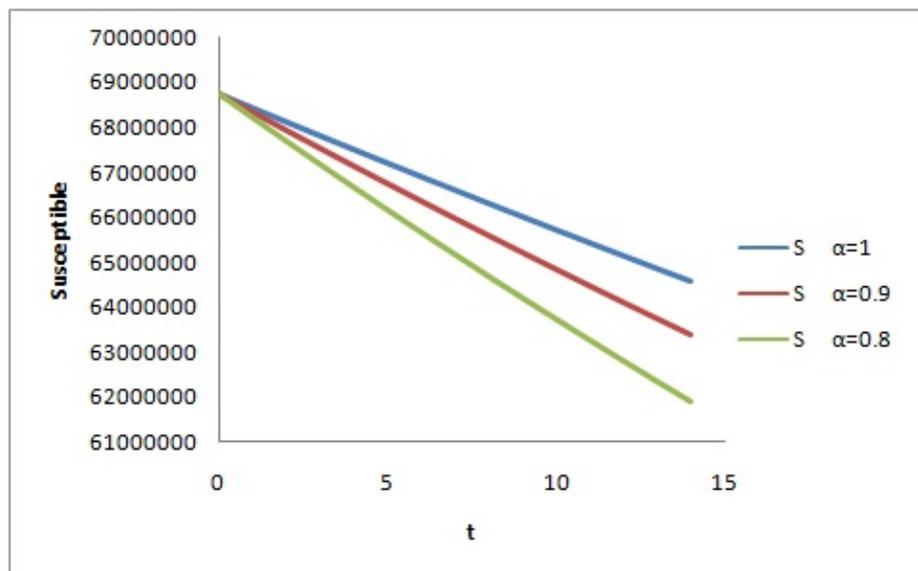
t	$S(t)$	$P(t)$	$R(t)$
0	68750000,00	15000000,00	150000,00
1	68437600,00	15070750,00	164670,00
2	68127449,28	15138650,35	179378,47
3	67819531,64	15203764,16	194122,49
4	67513831,01	15266153,31	208899,18
5	67210331,43	15325878,47	223705,76
6	66909017,04	15382999,14	238539,48
7	66609872,12	15437573,64	253397,70
8	66312881,04	15489659,16	268277,80
9	66018028,30	15539311,77	283177,24
10	65725298,49	15586586,44	298093,57
11	65434676,34	15631537,06	313024,35
12	65146146,67	15674216,46	327967,23
13	64859694,42	15714676,46	342919,92
14	64575304,62	15752967,82	357880,17

Table 3.2: The values of S , P and R at the moment $t \alpha = 0.9$.

t	$S(t)$	$P(t)$	$R(t)$
0	68750000,00	15000000,00	150000,00
1	68341078,49	15092609,46	169202,55
2	67936010,89	15180336,34	188471,03
3	67534760,87	15263322,19	207798,86
4	67137292,47	15341704,93	227179,65
5	66743570,03	15415618,98	246607,23
6	66353558,26	15485195,30	266075,61
7	65967222,17	15550561,53	285579,01
8	65584527,14	15611842,02	305111,80
9	65205438,85	15669157,93	324668,56
10	64829923,29	15722627,33	344244,02
11	64457946,81	15772365,22	363833,10
12	64089476,05	15818483,67	383430,88
13	63724477,96	15861091,84	403032,59
14	63362919,82	15900296,11	422633,62

Table 3.3: The values of S , P and R at the moment t $\alpha = 0.8$.

t	$S(t)$	$P(t)$	$R(t)$
0	68750000,00	15000000,00	150000,00
1	68218403,82	15120391,89	174963,23
2	67693320,72	15232532,29	200037,88
3	67174670,87	15336732,14	225209,49
4	66662375,47	15433292,11	250464,17
5	66156356,66	15522502,86	275788,62
6	65656537,54	15604645,42	301170,07
7	65162842,15	15679991,41	326596,28
8	64675195,46	15748803,45	352055,52
9	64193523,38	15811335,35	377536,54
10	63717752,69	15867832,44	403028,57
11	63247811,09	15918531,83	428521,31
12	62783627,17	15963662,67	454004,89
13	62325130,38	16003446,41	479469,87
14	61872251,04	16038097,03	504907,21

**Figure 3.1:** The graph of change of the S compartment model.

It is clear that, the most effective and manageable parameter of the model is β . Controlling the factors effecting human psychology, especially economic problems, will reduce the value of the β parameter. According to the observed value of the β parameter, it is seen Figure 3.1 that the number of individuals who have not yet received psychological support in Turkey is gradually decreasing. In parallel, it is clear that there will be an increase in the number of individuals in other compartments.

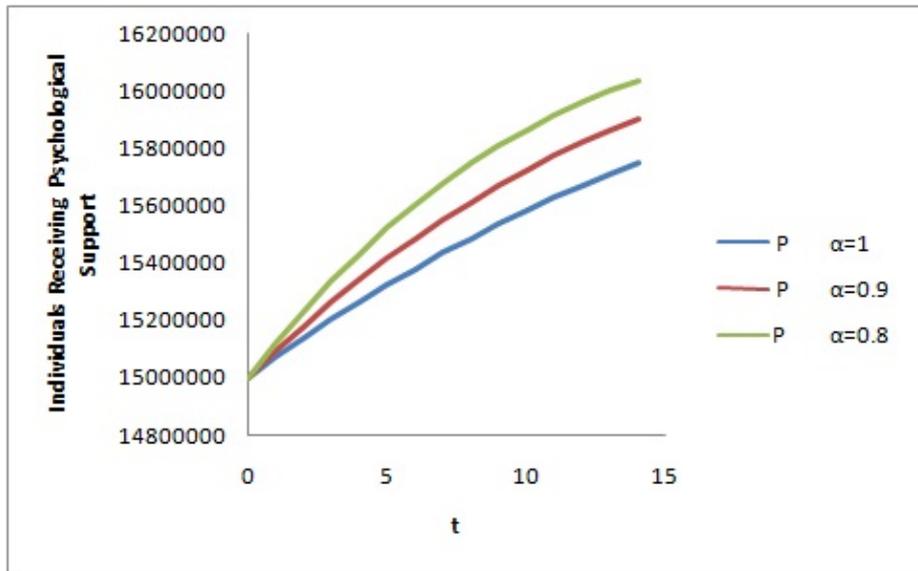


Figure 3.2: The graph of change of the P compartment model.

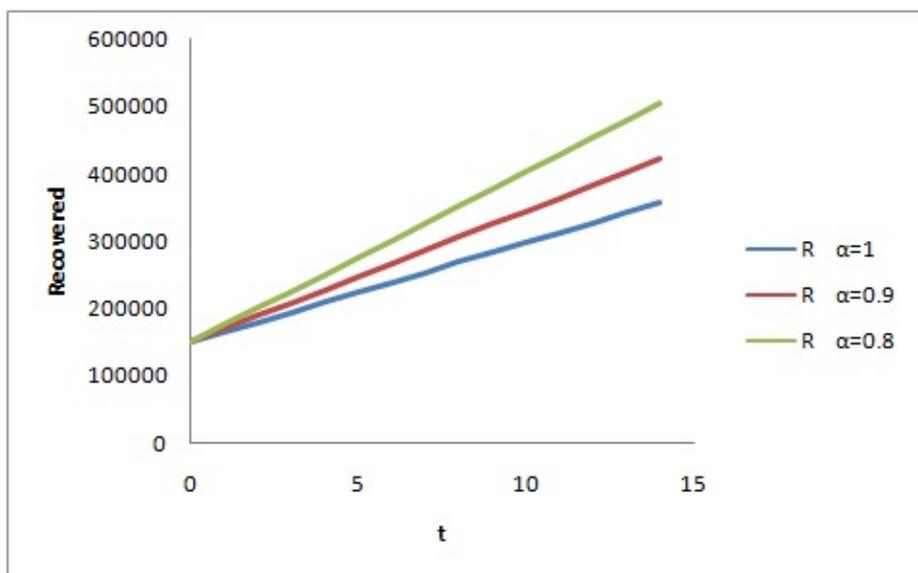


Figure 3.3: The graph of change of the R compartment model.

In Table 3.1, Table 3.2 and Table 3.3, the changes of S , P and R are observed for different states of α . By the above figures, we observe the following highlights:

- * It is observed that the number of individuals who do not receive psychological treatment decreases over time (Figure 3.1).
- * It is observed that the number of individuals receiving psychological support has increased over time (Figure 3.2).
- * It is observed that the number of recovered individuals increases over time (Figure 3.3).
- * According to the parameter values taken in this study, it is possible to reach the disease-free equilibrium point given in equation (2.6) only if the vast majority of the population is affected by the disease and receives treatment. In order to turn this negative scenario into a positive one, country managers and families should take the necessary measures and look for ways to reduce the β parameter.

4. Conclusions and Comments

In this paper, a new application of the fractional SPR psychological disease model was made taking into account the psychological disease data of Turkey since 2019 [18] and graphs were drawn with the help of the numerical results obtained. The psychological diseased equilibrium point of the fractional SPR model was obtained and stability analysis was performed. In the graphs obtained, it was observed that the number of individuals who did not receive psychological treatment decreased over time, the number of individuals who received psychological support increased over time and the number of individuals who recovered increased over time.

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