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# Evaluation of the parental satisfaction of developmentally delayed pediatric patients undergoing dental surgery with the "pediatric anesthesia parent satisfaction (PAPS)" survey

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# ABSTRACT

**Objectives:** The aim of the present study was to assess parental satisfaction of developmentally delayed pediatric patients undergoing dental surgery and compare this to satisfaction with anesthesia care for children without developmentally delayed.

**Methods:** Therefore, two different groups were approached and compared to matching controls. "Pediatric anesthesia parent satisfaction (PAPS)" survey was used to evaluate parental satisfaction in the present study. The PAPS survey was administered to 50 parents of developmentally delayed pediatric patients (Group I) and 30 parents of children without developmentally delayed (Group II). However, due to the shortcomings in the questionnaires, 5 participants from Group I and 4 from Group II were excluded from the study.

**Results:** In the "Before anesthesia", "After anesthesia", "Hospital team" and "Anesthesia team" parts of survey no statistically significant difference was found between the groups. In the "Before anesthesia" part the lowest score was given in response to Q5 item (The anesthesia team explained to me how my child might feel physically and emotionally after anesthesia and surgery). The mean score of Q5 item was  $2.73 \pm 1.77$  in Group I and  $2.36 \pm 1.40$  in Group II.

**Conclusions:** In conclusion, it was found that there is no difference between parental satisfaction of children with developmentally delayed and parental satisfaction of developmentally delayed pediatric patients. **Keywords:** Parental satisfaction, pediatric, anesthesia, dental surgery, survey

Nowadays, the main purpose of medical procedures is to reduce costs, protect resources and increase patient satisfaction without endangering patient safety [1]. Therefore, patient satisfaction has become an important component of the quality of medical care. Patient-centered outcomes are the primary tool for measuring health service quality and effectiveness [2]. Patient satisfaction improves care quality and

communication, resulting in better clinical results [3, 4]. Various patient satisfaction surveys have been developed rapidly in recent years [5-7]. The incentive payments of private insurance companies are shown as the reason for this rapid increase [7, 8]. Based on the rapid progress in information technologies, patients and their relatives have become more important in health care quality and satisfaction and have made

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their choices in this direction [8, 9].

Postoperative patient satisfaction is an important measure of hospital care. Because it enables the patient to be evaluated throughout the entire hospitalization period [7, 8]. Children's satisfaction can be difficult to assess or express themselves, so parents' satisfaction in terms of anesthesia can be used as a measure of their satisfaction. Parental satisfaction is closely related to the quality of medical care and communication. Parental satisfaction rate is closely related to many factors such as accessibility to the physician, communication with the family and emotional state of the family and empathy [13, 14].

Evaluation of patient satisfaction in anesthesia services is mixed. There is very little validated satisfaction scale, and there is a lack of pediatric anesthesia [15]. There are also doubts about the widespread use of these scales. Although there are departments related to anesthesia in various surgical care questionnaires, they do not qualify [16]. Also not approved by ASA. Pediatric Anesthesia Parent Satisfaction (PAPS) aimed to eliminate these deficiencies was developed by Milliken-Glabe *et al.* [17].

The aim of this study was to assess parental satisfaction of developmentally delayed pediatric patients undergoing dental surgery with the "Pediatric anesthesia parent satisfaction (PAPS)" survey and compare this to satisfaction with anesthesia care for children without developmentally delayed.

#### **METHODS**

Institutional ethics committee approval and written consent from the parents of each patient was obtained for the study. Inclusion criteria were children aged <16 years, parents able to speak, read and write Turkish, parents willing to participate in this study, and elective procedures under general anesthesia.

"Pediatric anesthesia parent satisfaction (PAPS)" survey was used to evaluate parental satisfaction in the present study. This questionnaire was developed by Milliken-Glabe *et al.* [17] and which contained 15 closed-ended items, one open-ended items. Responses of the survey were recorded using a 5-point Likert scale: 1 (Disagree very much), 2, 3, 4, and 5 (Agree very much). Closed-ended questions consist of 5 parts:

"Before anesthesia", "Before and after anesthesia", "After anesthesia", "Hospital team" and "Anesthesia team". While evaluating this Likert type scale, we evaluated the highest value as the highest score because it reflects the best satisfaction.

The PAPS survey was administered to 50 parents of developmentally delayed pediatric patients and 30 parents of children without developmentally delayed undergoing dental surgery in the PACU prior to discharge. They had been informed that their answers would not affect the care given to their children. Parents were asked to answer questions regarding their level of satisfaction. In addition to the questionnaire, parents were also asked to specify their demographic characteristics (Age, gender, education level, monthly income of the family, where the family lived ). And also, operation time, nausea and vomiting in PACU, pain score in PACU and shivering in PACU were recorded.

With a 0.65 effect size and 1/2 allocation ratio, (n1/n2) 22/44 subjects were required for an  $\alpha$  value of 0.05 and a power of 80%.

#### **Statistical Analysis**

Statistical analyses were performed with SPSS 15.0 software (SPSS Institute, Chicago, IL, USA). The comparisons in both groups were carried out using the Student t-test and Pearson Chi-Square test. Parental satisfaction score between the two groups was evaluated using Student t-test. A p < 0.05 value was considered statistically significant.

## **RESULTS**

The PAPS survey was administered to 50 parents of developmentally delayed pediatric patients (Group I) and 30 parents of children without developmentally delayed (Group II) however, due to the shortcomings in the questionnaires, 5 participants from Group I and 4 from Group II were excluded from the study.

Patients' demographic, clinical characteristics are summarised in Table 1, and there were no significant differences between the groups regarding patients' gender, operation time, nausea and vomiting in PACU, pain score in PACU and shivering in PACU (p =0.844, p = 0.269, p = 0.444, p = 0.170, and p = 0.444, respectively). The mean age of the patients in Group I

	Group I (n = 26)	Group II (n = 45)	p value
Age, years	$5.92\pm2.86$	$11.56\pm3.81$	< 0.001 <sup>a</sup>
Gender, M/F, n (%)	14 (53.8)/12 (46.2)	23 (51.1)/22 (48.9)	0.844 <sup>b</sup>
Height, cm	$113.65\pm17.12$	$133.16\pm22.8$	< 0.001 <sup>a</sup>
Weight, kg	$21.85\pm9.13$	$35.98 \pm 16.36$	< 0.001 <sup>a</sup>
Operation time, min	$36.15\pm20.99$	$41.56\pm18.88$	0.269ª
Nausea and vomiting in PACU, n	0	1	0.444 <sup>b</sup>
Pain score in PACU	$2.46 \pm 1.27$	$2.09\pm0.97$	0.170 <sup>a</sup>
Shivering in PACU, n	0	1	0.444 <sup>b</sup>

Table 1. Patie	nts' demogra	phic, clinical	characteristics
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Values are given as mean  $\pm$  standard deviation or n (%). M = Male, F = Female, PACU = Postanesthesia care unit. <sup>a</sup>Student t-test, <sup>b</sup>Pearson Chi-Square test

was  $5.92 \pm 2.86$  years while in Group II it was  $11.56 \pm 3.81$  years (p < 0.001). When the height and weight of the patients were compared between the groups, there was a statistically significant difference (p < 0.001 and p < 0.001, respectively). Parents'

demographic characteristics are summarised in Table 2. There was a statistically significant difference between the groups when the age of the parents was compared (p < 0.001). However, there were no significant differences between the groups regarding

#### Table 2. Parents' demographic characteristics

	Group I (n = 26)	Group II (n = 45)	<i>p</i> value
Parent age, years	$31.23\pm5.25$	$37.53\pm7.10$	< 0.001 <sup>a</sup>
Parent gender, M/F, n (%)	6 (23.1)/20 (76.9)	5 (11.1)/40 (88.9)	0.179 <sup>b</sup>
Parent education level, n (%)			0.131 <sup>b</sup>
Primary schoo	17 (65.3)	39 (86.6)	
High school	4 (15.4)	5 (11.1)	
University	5 (19.2)	1 (2.2)	
Monthly income of the family (TL), n (%)			0.054 <sup>b</sup>
0-1999 TL	11 (42.3)	32 (71.1)	
2000-4999 TL	12 (46.2)	11 (24.4)	
5000 and more	3 (11.5)	2 (4.4)	
Where the family live, n (%)			0.567 <sup>b</sup>
City center	24 (92.3)	43 (95.6)	
District	2 (7.7)	2 (4.4)	

Values are given as mean  $\pm$  standard deviation or n (%). M = Male, F = Female, PACU = Postanesthesia care unit. <sup>a</sup>Student t-test, <sup>b</sup>Pearson Chi-Square test

surveyed gender and education level of the parent, monthly income of the family, and where the family lived (p = 0.179, p = 0.131, p = 0.054, and p = 0.567, respectively).

Pediatric anesthesia parent satisfaction survey scores are summarised in Table 3. There were Q1, Q2, Q3 and Q5 items in the "Before anesthesia" part and no statistically significant difference was found between the groups (p = 0.096, p = 0.625, p = 0.223and p = 0.329, respectively). In the "Before anesthesia" part the lowest score was given in response to Q5 item (The anesthesia team explained to me how my child might feel physically and emotionally after anesthesia and surgery). The mean score of Q5 item was  $2.73 \pm 1.77$  in Group I and  $2.36 \pm 1.40$  in Group II (p = 0.329).

There were Q6 and Q7 items in the "After anesthesia" part and no statistically significant difference was found between the groups (p = 0.823 and p = 0.344, respectively). Q4 item was the only item included in the "Before and after anesthesia" part, and there was no statistical difference between the groups (p = 0.847). In the "Hospital team" part there were Q9, and Q15 items and no statistically significant difference was found between the groups (p = 0.168 and p = 0.257, respectively).

There were Q8, Q10, Q11,Q12, Q13, and Q14 items in the "Anesthesia team" part and no statistically significant difference was found between the groups (p = 0.309, p = 0.446, p = 0.239, p = 0.828, p = 0.206 and p = 0.960, respectively). In the "Anesthesia team" part the lowest score was given in response to Q13 item [I know who the anesthesiologist (physician) was and his/her role in my child's care]. The mean score of Q13 item was  $2.58 \pm 1.15$  in Group I and  $2.13 \pm 1.32$  in Group II (p = 0.206).

Q16 (Please tell us more about your anesthesia experience) item was open-ended, and 16 parents fill

	Group I (n = 26)	Group II (n = 45)	<i>p</i> value
Before anesthesia			
Q1	$4.50\pm0.86$	$4.13 \pm 0.12$	0.096 <sup>a</sup>
Q2	$4.27 \pm 1.11$	$4.38\pm0.74$	0.625ª
Q3	$3.92 \pm 1.26$	$4.27\pm1.05$	0.223ª
Q5	$2.73 \pm 1.77$	$2.36 \pm 1.40$	0.329ª
Before and after anesthesia			
Q4	$4.62\pm0.89$	$4.58\pm0.72$	$0.847^{a}$
After anesthesia			
Q6	$4.23\pm0.95$	$4.18\pm0.96$	0.823ª
Q7	$4.58\pm0.36$	$4.69\pm0.79$	0.344 <sup>a</sup>
Hospital team			
Q9	$4.80\pm0.23$	$4.80\pm0.54$	0.168ª
Q15	$4.23\pm0.76$	$4.44\pm0.75$	0.257ª
Anesthesia team			
Q8	$4.96\pm0.19$	$4.84\pm0.56$	0.309 <sup>a</sup>
Q10	$4.80\pm0.43$	$4.80\pm0.45$	0.446 <sup>a</sup>
Q11	$4.38 \pm 1.09$	$4.64\pm0.74$	0.239ª
Q12	$4.65\pm0.84$	$4.69\pm0.51$	$0.828^{a}$
Q13	$2.58 \pm 1.15$	$2.13 \pm 1.32$	0.206 <sup>a</sup>
Q14	$4.65\pm0.89$	$4.64\pm0.67$	0.960 <sup>a</sup>

Table 3. Pediatric anesthesia parent satisfaction survey scores

Values are given as mean  $\pm$  standard deviation. <sup>a</sup>Student t-test.

this part in the Group I and 19 parents fill in the Group II. In Group I, 15 out of 16 parents stated extreme satisfaction statements like "Thank you", "We are very satisfied", while one parent stated that "We could not get enough information before anesthesia". In Group II, all 19 parents used satisfaction statements.

#### DISCUSSION

In the present study, we have investigated the parental satisfaction of developmentally delayed pediatric patients undergoing dental surgery with the "Pediatric anesthesia parent satisfaction (PAPS)" survey and compare this to satisfaction with anesthesia care for children without developmentally delayed. It has been shown that there are similar characteristics in terms of parents satisfaction. While satisfaction was generally high in both groups, only two items' scores were low. These two items were related to informing parents beforehand by the anesthesia team.

Parents of children with developmental disabilities tend to be well informed about their children's condition and may have high expectations when they arrive at the hospital. Also, it is likely that parents in these two different groups may have differences in informational trends and levels of health professionals.

Patient satisfaction is an important component of the quality of medical care and is used to measure the effectiveness of health care delivery [2]. In pediatric patients, presentation efficiency is mostly evaluated on parental satisfaction. Pediatric anesthesia-related questionnaires have already been performed and are difficult to implement in the routine because of their complexity and length [18]. The PAPS survey is very simple with only 17 questions, and the available parent assessment allows the evaluation of pediatric anesthesia services regardless of the patient's age. Although it was not preferred in our study, the PAPS survey can be applied easily electronically [18-20].

In a study evaluating parental satisfaction of pediatric patients who underwent outpatient surgery, high parental satisfaction was demonstrated similar to our results [21]. However, it was stated that better physical conditions, operation schedules would be made more regularly, and the increase in anesthesia consultations would contribute positively to parental satisfaction. In a study comparing parental satisfaction in the pediatric sedation unit and operating room, parents reported that the operation room was better informed in comparison to the pediatric sedation unit [22]. Also, it was stated that the operations in the main operating room started at the specified time, while the pediatric sedation unit could be delayed. However, there are no clear statements evaluating the period before and after anesthesia in this study. In our study, parents did not give any feedback on the time of the operation.

In another study evaluating the parental satisfaction of pediatric patients undergoing ambulatory anesthesia, high satisfaction with care before and after anesthesia was noted [23]. Parents need to be more careful about transport and information. While the deficiencies related to preoperative information were revealed in our results, the parents did not mention any disruption related to the transport of the patients.

In a study evaluating the satisfaction of parents with the pediatric surgery patients, Brenn *et al.* stated that the dissatisfaction reported by the parents was independent of the complication rate and was more because of the operational factors such as waiting times [24].

Chan *et al.* found a decrease in the level of anxiety in parents and increased parental satisfaction in their parents' education program [25]. In this training, information was given about the roles of midwives during and after anesthesia.

Also, it was indicated that the anxiety, fear, and trauma during anesthesia induction could be reduced by the necessary parental preparation [26]. The majority of the parents prefer to have broad information before their children's surgery, including possible complications [27].

In the literature, it is suggested that some variables such as parental gender, gender, and age of children and previous surgical experiences have important effects on parental anxiety. It was reported that mothers were more anxious than fathers [28]. It was also stated that the children under one year of age and the parents of children with first surgical experience were more anxious [28]. In our study, there was no patient under one year of age. There was an age difference between the groups. The reason for this difference; the fact that children with developmentally delayed ta in older ages allow dental treatment without anesthesia is only the developmentally delayed pediatric patients need anesthesia for dental procedures at almost any age. There was no difference in parental gender between the groups, while the majority of the parents were mothers in the present study.

#### **CONCLUSION**

In conclusion, it is seen that there is no difference between parental satisfaction of children with developmentally delayed and parental satisfaction of developmentally delayed pediatric patients. In addition, consistent with the literature, it is seen that patients be informed and their parents are outstanding as a common problem all over the world.

#### Authors' contribution

Conception: MS, HT; Design: MS; Supervision: MS, HT; Fundings: MS, HT; Materials: MS, HT; Data collection and/or processing: MS, HT; Analysis and/or interpretation: MS, JBC; Literature review: MS, JBC; Writting: MS, HT, JBC; Critical review: MS, JBC.

## Conflict of interest

The authors disclosed no conflict of interest during the preparation or publication of this manuscript.

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