

An Analysis of Xanthogranulomatous Cholecystitis Cases

Ksantogranülatöz Kolesistit Vakalarının Analizi

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Aim: Xanthogranulomatous cholecystitis (XGC) is usually an inflammatory condition due to gallstones and bile stasis. Pathological, radiological and clinical features are similar to gallbladder cancer, leading to erroneous treatments such as excessive or inadequate surgery. The aim of this study was to identify the clinical and surgical characteristics of XGC cases.

Materials and Methods: The medical records were reviewed of 55 patients diagnosed as XGC from 4818 patients who underwent cholecystectomy between 2008 and 2015.

Results: The most common clinical finding (90%) was right upper quadrant pain, followed by acute cholecystitis (30%). Biliary wall thickening was found in 64% of patients. Conversion to open cholecystectomy rate was 39%, which was significantly higher than that of all cholecystectomies conversion rates 3.4%. Postoperative biliary fistula was determined at 9% and total morbidity at 23%.

Conclusion: XGC is a rare form of cholecystitis. Although it is histologically benign, preoperative and intraoperative diagnosis is difficult and complicated due to its aggressive course. Although carcinoma may be suspected during surgery in XGC, the association is not very high. It is quite useful to study frozen samples to avoid extensive surgery. The definitive treatment is surgery, but it should not be forgotten that there are high morbidity rates during and after the operation

Key Words: *xanthogranulomatosis, cholecystitis, conversion cholecystectomy*

Amaç: Ksantogranülatöz kolesistit (XGC), safra taşı ve safra stazı bağlı gelişen inflamatuvar bir durumdur. Patolojik, radyolojik ve klinik özellikleri safra kesesi kanserine benzediğinden, aşırı veya yetersiz cerrahi gibi yanlış tedavilere neden olmaktadır. Bu çalışmada XGC olgularının klinik ve cerrahi özelliklerini belirlemek amaçlanmıştır.

Gereç ve Yöntem: Kliniğimizde 2008 ile 2015 yılları arasında kolesistektomi yapılan 4818 hastadan XGC tanısı alan 55 hastanın tıbbi kayıtları incelendi.

Bulgular: En sık rastlanan klinik bulgu (% 90) sağ üst kadranda ağrıydı. Hastaların % 30'unda ise akut kolesistit tablosu mevcuttu. Biliyer duvar kalınlaşması hastaların % 64'ünde bulundu. Laparoskopik kolesistektomiden açığa dönüş oranı ise %39 olarak bulundu ve bu oran tüm kolesistektomilerin konversiyon oranı %3.4 ile karşılaştırıldığında oldukça yüksekti. Postoperatif biliyer fistül % 9 ve toplam morbidite ise % 23 olarak tespit edildi.

Sonuç: XGC nadir bir kolesistit formudur. Histolojik olarak benign olmasına rağmen, preoperatif ve intraoperatif tanı agresif seyri nedeniyle zor ve karmaşıktır. XGC'de ameliyat sırasında karsinom şüphesi olmasına rağmen ilişkisi çok yüksek değildir. Daha kapsamlı cerrahiden kaçınmak için frozen incelenmesi oldukça yararlıdır. Kesin tedavi ameliyattır ancak ameliyat sırasında ve sonrasında yüksek morbidite oranları olduğu unutulmamalıdır.

Anahtar Sözcükler: *Ksantogranülatöz, Kolesistit, Konversiyon kolesistektomi*

Xanthogranulomatous cholecystitis (XGC), is a rare form of cholecystitis with incidence varying from 0.7% to 9% (1). It is characterized by wall thickening due to nodules on the wall. (2) An acute or chronic cholecystitis-like clinical picture can also be seen. In XGC, adhesion because of intense inflammation in the bile duct and surrounding tissues, makes the operation very difficult.

The pathogenesis has not yet been elucidated. Mediators and cytokines secreted by biliary extravasation and delayed cellular immunity have been reported to be responsible for the pathogenesis of biliary stricture and biliary stasis which develops (3,4). Biliary extravasation and lipid-laden histiocytes to the biliary tree muscle layer are also microscopically responsible for bile stapling foci and fibrosis formation (5,6).

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XGC usually occurs clinically as chronic cholecystitis and is difficult to diagnose preoperatively. XGC may be clinically confused with carcinoma due to the presence of inflammatory processes in neighboring organs and the release of serum Carbohydrate Antigen 19-9 (CA 19-9) levels (7,8). Macroscopically, it may be confused with bile duct carcinomas because it can be palpated as a hard mass on the bile duct. As all these findings may suggest malignancy originating from the bile duct or bile ducts, intraoperative frozen examination may be required for differential diagnosis (9). In literature, an association of bile duct carcinoma and XGC has also been reported at rates of 2%-15% (10,11). Up to 25% of XGC can be diagnosed incorrectly, leading to inappropriate treatment such as inadequate surgery (12). Although laparoscopic cholecystectomy is the gold standard for biliary surgery, open cholecystectomy is more prominent in XGC due to the prolonged operation time, high conversion rates (5%-80%) and complications (31%) (13,14)

In this article, clinical data and literature information are presented. It was aimed to give information about XGC which should always be kept in mind in clinical practice because it can be easily diagnosed and in addition to the diagnosis, the difficulties in the treatment process and bile duct carcinoma.

Material and methods

Following the required approval of the Ethics Committee, the pathology records were reviewed of 4818 patients undergoing cholecystectomy between 2008 and 2015. A total of 55 patients with XGC diagnoses were included in the study. A histopathological diagnosis was made from mucosal ulceration in a limited part of the bile duct showing mixed types of inflammatory cells consisting of fibrosis, macrophages, lymphocytes, plasma cells, eosinophil leukocytes, neutrophil leukocytes (Figures 1,2), and cholesterol clefts (Figure 3) body type and Touton type giant cells.

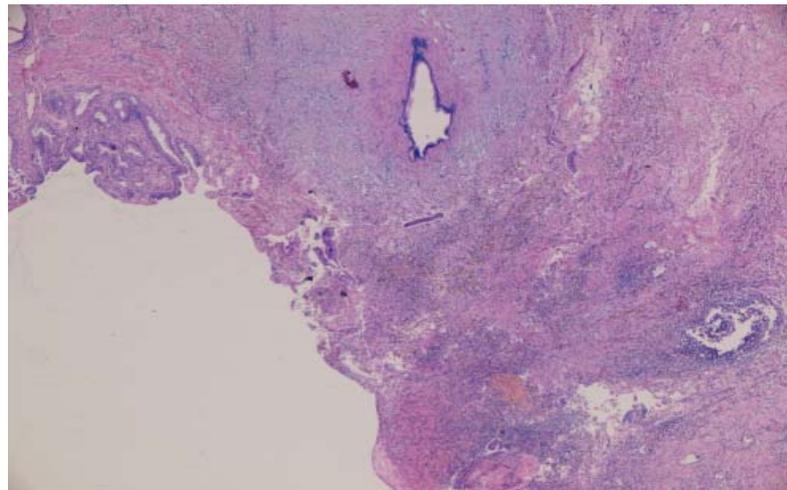


Figure 1) Histopathology findings included severe mucosal ulceration and submucosal bile pigment, Aschoff Rokitansky sinus, macrophages and inflammatory cells.(H&E X 100).



Figure 2) Histopathology findings included macrophages in the gallbladder wall.(CD68 X 100)

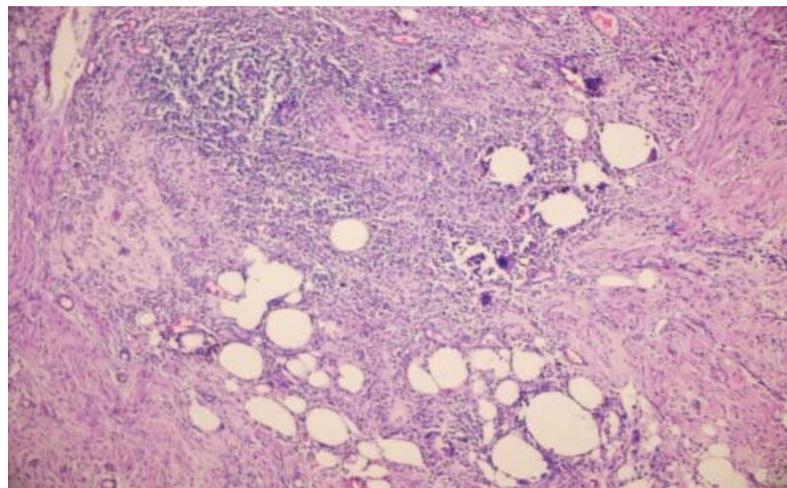


Figure 3) Histopathology findings included inflammation in the gallbladder wall cholesterol clefts Body type and Touton type giant cells. (H&EX400)

Age, gender, and clinical findings (abdominal right upper quadrant pain, acute cholecystitis, nausea-vomiting, obstructive jaundice, carcinoma suspicion) were recorded. Laboratory values White Blood Cells (WBC), aspartate and alanine aminotransferase (AST,ALT), alkaline phosphatase (ALP), bilirubin (BIL), radiological findings (bile wall thickness, stone presence and size, fluid presence around the pouch, gall bladder dilatation), endoscopic retrograde cholangiopancreatography (ERCP), operative form, intraoperative information, postoperative complications, duration of hospitalization and postoperative morbidity and mortality for acute exacerbation and general status impairment requiring operation were investigated.

Results

In the 4818 cholecystectomy cases performed between 2008 and 2015, the conversion rate was found to be 3.4%. A total of 55 patients (1.2%) were diagnosed with XGC. There were no patients with XGC and carcinoma together. The patients comprised 28 (51%) females and 27 males (49%) with a mean age of 53.8 years (range, 24-85 years). The most common clinical finding in the patients was right upper quadrant pain in the abdomen. Patients have biliary pain attacks that have been passed 3 times in 4 patient, 2 times in 9 patient and once in 37 patient. Acute cholecystitis was determined in 30%, nausea and vomiting in 25%, and jaundice in 7% of patients (Tables 1 and 2).

Table 1: Clinical findings

Clinical finding	n	%
Abdominal pain (biliary pain)	50/55	(90%)
Acute cholecystitis	17/55	(30%)
Nausea and vomiting	14/55	(25%)
Obstructive jaundice	4/55	(7%)
Carcinoma suspicion	2/55	(3.6%)

Table 2: Biochemical and USG findings

Parameter	n	%
Elevated WBC	26	47
Elevated ALT	17	30
Elevated AST	14	25
Elevated ALP	4	7
Elevated total bilirubin	4	7
Gallbladder Wall thickness (>3mm)	35	64
- 0-3 mm	20	36
- 4-9 mm	28	51
- >10 mm	7	13
Gall bladder distention	29	53
Size of stone		
- 1-10 mm	24	44
- >10 mm	31	56
Pericholecystic fluid	10	18
Perforation	4	7

WBC elevation in laboratory parameters was the most common finding in 26 patients (47%), followed by ALT in 17 patients, AST in 14 patients and Alkaline phosphatase (ALP) and total bilirubin in 4 patients. Abdominal ultrasonography (USG) was performed on all patients and all were determined with bile stones. Only one patient was suspected with XGC with USG findings (nodule in the gallbladder wall) and XGC preliminary diagnosis could be made. Wall thickness was 0-3 mm in 20 patients, 4-9 mm in 28 patients, and 10 mm in 7 patients (Table 2). (Figures 4,5).

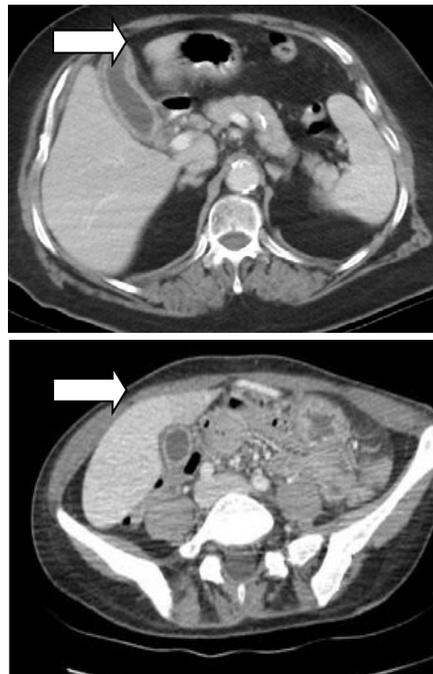


Figure 4-5) Imaging from patient with xanthogranulomatous cholecystitis. Gallbladder diffuse wall thickening

Jaundice was determined in 4 patients during the operation and ERCP in 8 patients because of jaundice due to biliary tract stone. Percutaneous cholecystostomy was applied to 3 patients due to acute cholecystitis, additional disease and deterioration in general condition impairment. Open cholecystectomy and frozen sampling was performed on 2 patients with suspicion of carcinoma due to a mass on the gallbladder wall. Free fluid around the gall bladder was also present in 10 patients, 4 of whom had suspected perforation. Open cholecystectomy was performed on these patients. Gall bladder size was increased in 29 patients. Magnetic Resonance Cholangiopancreatography (MRCP) was applied to 2 patients with jaundice. A total of 15 patients were applied with abdominal computed tomography (CT). Abdominal CT in 2 patients was reported as bile duct carcinoma so these patients underwent open cholecystectomy. Open cholecystectomy was applied to 9 patients, laparoscopic cholecystectomy to 28, conversion cholecystectomy to 18. Of these, 3 had previous surgery, 2 had carcinoma suspicion, and 4 had acute abdomen related to perforation. The conversion cholecystectomy rate in patients with XGC was significantly higher than the conversion rate in all cases (XGC conversion rate: 39%, conversion rate in all cholecystectomies: 3.4%). The causes of conversion were calot dissection difficulty in 11 cases, adherence to the surrounding tissue in 5 cases and choledochal injuries in 2 cases. In the 2 patients with choledochal injuries, cholecystectomy was performed and primary repair and t-tube insertion were applied. (Table 3)

Table 3. Type of surgery

Type of surgery	(n)
open	9
Lap converted to open	18
-obscure calot's triangle anatomy	11
- adhesion	5
- bile duct injury	2
Laparoscopic	28

As complications, a total of 5 patients developed biliary fistula postoperatively. While this resolved spontaneously in 3 cases, ERCP was performed on 2 patients, 1 of whom died due to sepsis (mortality 1/55). In 3 patients, hospitalization and intravenous antibiotic therapy were required because of infection, and in 5 patients medical treatment was required for infection (pneumonia, wound infection) (Morbidity 13/55). The mean hospital stay of the patients was 6.4 days.

Discussion

Xanthogranulomatous cholecystitis (XGC), is a rare form of chronic cholecystitis and is usually associated with fibrosis. Although the pathogenesis is unknown, there is a view that it is a reactive process that develops through the penetration of bile into the ruptured sac wall from an ulcer of the mucous membrane, or the Aschoff-Rokitansky sinus. It has been reported that *Enterobacter* can be isolated in biliary culture in 50% of patients and incidence ranges from 0.7 to 9% (1). In the current study, incidence was 1.2%, the female to male ratio was almost equal at F/M: 28/27, mean age was 53.8 years and the age range was 24-85 years. In previous studies, gender has not been a predictive value for XGC, and mean age has been reported as 58.3 years in the range of 44-63 years (15).

Clinical findings of XGC are nonspecific, and abdominal pain is usually the most common symptom. Abdominal pain has been reported in 84.6% of cases (16,17,18) with the second most common clinical table being acute cholecystitis (53%) (2). XGC is typically indistinguishable from clinical cholecystitis (2,12)

Biliary stones and XGC associations have been reported at rates of 92%-100% (19,20) and similar results were seen in the current study. It is believed that gallstones cause obstruction in the cystic duct, resulting in bile stasis,

mucosal ulceration and extravasation of the bile causing XGC (2). Wall thickness on USG and the presence of intramural hypoechoic nodules support the XGC diagnosis in the preoperative period. In the current study, only 1 patient had an intramural hypoechoic nodule. USG was performed preoperatively in all cases. The increase in wall thickness was 63%, the increase in gall bladder size was 53%, and fluid around the gall bladder was 18% preoperatively. However, preoperative ultrasonography was not found to be useful enough to make XGC diagnosis in this series. Abdominal CT was performed on 15 patients in total. Although 2 were suspected with bile-duct carcinoma, there was no pre-diagnosis of XGC.

An association of bile duct carcinoma and XGC has been reported at 0.09%-1.1% in European literature (21,22) and at 0.3%-4.7% in Far Eastern literature (23,24), but no case was determined with carcinoma in the current study. There is no conclusive evidence that XGC is associated with biliary cancer or an increased risk of biliary cancer in current literature. (25) Despite being histologically benign, excessive or inadequate surgery may be performed due to an aggressive clinical course such as in cancer.

The radiological findings of XGC are non-specific. Compared with the radiological features of carcinoma, bile duct diffuse wall thickening, continuous mucosal line enhancement, submucosal hypoattenuation nodules or bands are more frequent in XGC (26). Biliary stones and bile duct stones are also more common in XGC.

The positive result of fine needle aspiration biopsy performed in conjunction with endoscopic USG in the preoperative period is important in the diagnosis of cancer and in directing treatment. In a previous study, tissue sampling with endoscopic USG demonstrated that

biliary tree carcinoma could be diagnosed with 93% accuracy (27). However, a negative outcome leads to uncertainty in diagnosis, as well as risks of tumor seeding and fistulae (28).

Although several studies have reported that fluoro-18 fluorodeoxyglucose positron emission tomography (18F-FDG PET) is effective in distinguishing malignant and benign lesions from bile ducts, positive results are not specific, as 18F FDG accumulation is also present in inflammatory cells (29). Again, many studies have shown levels of up to 54% CA19-9 in XGC (30). However, intraoperative frozen sampling is considered the most effective way to prevent unnecessary or excessive surgery (2.20-75). In the current study, 2 patients were evaluated with frozen sampling and consequently, surgical procedures with high morbidity such as radical cholecystectomy, liver bed excision, or lymphadenectomy were avoided.

In XGC, intense inflammation and fibrosis may cause adhesions with neighboring organs, resulting in stricture, fistula, and external pressure (31). External pressure-related jaundice was determined in 4 patients in the current series.

A total of 9 patients underwent open cholecystectomy, including 3 patients with previous surgery, 2 with carcinoma suspicion, and 4 patients with acute abdomen findings due to perforation. Conversion cholecystectomy was performed in 18 patients (39%) despite the laparoscopic initiation of operation in 46 patients. This rate of conversions was quite high when compared with the conversion rates of all cases. Highly variable conversion rates have been reported in literature ranging from 19% to 80% (13,32). The reasons for conversion were difficulty of callot dissection in 11 cases, adherence to surrounding tissue in 5 cases, and choledochal injuries in 2

cases. In the 2 patients with choledochal injuries, cholecystectomy was performed and primary repair and t-tube were applied. Conversion cholecystectomy was not performed on any patient due to bleeding. Of 9 patients who underwent open cholecystectomy, 2 developed wound infection which resolved with antibiotherapy. In XGC, morbidities such as intraoperative biliary injury and postoperative biliary fistulae have been reported as 15%-28% (14). In the current series, 7 of 55 (12%) developed these morbidities, 2 of which were biliary injuries and 5 were bile fistula. Conversion rates were found to be lower in the current study

compared to rates in literature. Conversion rates decrease with the use of advanced laparoscopic technique and the long learning curve, which suggests that laparoscopic cholecystectomy should be continued despite the higher morbidity rates in XGC than in standard cholecystectomies.

Conclusion

XGC is a rare form of cholecystitis. Although it is histologically benign, preoperative and intraoperative diagnosis is difficult and complicated due to its aggressive course. Even if

carcinoma is suspected during surgery in XGC, the association is not very high. It is quite useful to study frozen samples to avoid extensive surgery. The definitive treatment is surgery but it should not be forgotten that there is a high morbidity rate during and after the operation.

Disclosure of conflict of interest

The authors declare no conflict of interests regarding the publication of this paper.

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