Letter to the Editor / Editöre Mektup

Imaging of the chronic type A aortic dissection by transthoracic and transesophageal echocardiogram

Kronik Tip A Aort Diseksiyonunun Transtorasik ve Transözefageal Ekokardiyogram ile Görüntilenmesi

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A 66 years old man which has a known coronary artery disease was admitted to our cardiology policlinic with chest pain and left arm pain. These pains started since 1 year ago and do not related any exercise, stress and fasting. History of patient is that he has coronary artery bypass grafting procedure and hypertension for 10 years. On physical examination, blood pressure was 120/80 mmHg, pulse 98 beats/min and 2/4 diastolic murmur noted in aortic area. All other physical findings were normal. Laboratory results were within normal limits. There was sinus rythm and non spesific changes in inferior derivations on 12 lead electrocardiography. Chest x ray revealed a widening in the aortic knob and the lateral margin of the descending aorta. Transthoracic echocardiography (TTE) reveal the suspected intimal flap in the proksimal aorta (Figure 1) and mild aortic insufficiency. Transesophageal echocardiography (TEE) showed the dissection flap, false lumen and true lumen in ascending aorta and arcus aorta (Figure2 and 3). Thoracic and abdominal Computerised Tomography (CT) performed and CT scan showed the dissection extending from the aortic root to the right common iliac artery and encompass the left common carotid artery and left subclavian artery. The patient was consulted by cardiovascular surgery team. Surgical treatment was recommended to the patient but patient refused surgery and treated medically.

Aortic dissection occurs when an intimal tear develops, allowing blood to penetrate the aortic wall, dissect longitudinally through the media and form a false lumen. Consequently, the true lumen may be pressed and even blocked by the surrounding false lumen, that may cause serious consequences such as internal bleeding, renal failure, intestinal ischemia/necrosis, limb ischemia, and even death. Major factors of aortic dissection include age, hypertension, diabetes, and atherosclerosis (1-2). There are several imaging modalities used to suspect and diagnose aortic dissection: transthoracic Telecardiography, and transesophageal echocardiography, CT scanning, magnetic resonance imaging. CT is now the most frequently ordered diagnostic imaging modality for the initial evaluation of patients especially with suspected aortic dissection (3). But like in our case transthoracic and transesophageal also echocardiography can easily show intimal flap, false lumen and dissection (4-6). Because of the well documented, low cost, easily accessible and if bedside diagnostic tools must suffice because of the patient's critical condition, TTE and TEE is still recommended. In summary, in a patient with aortic dissection who is in a critical condition, bedside TTE and TEE is particularly helpful in emergency diagnosis and management decisions even if distal type aortic dissection.



Figure 1. Tranthoracic echocardiogram (TEE) shows true lumen, false lumen and flap of dissection (arrow).



Figure 2. Color Doppler transesophageal echocardiogram (TEE) shows flow from true lumen to false lumen of aortic dissection.



Figure 3. Transesophageal echocardiogram (TEE) shows true lumen, false lumen and flap of dissection.

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